

An  
Inaugural Dissertation  
On  
Diabetes  
Presented to the faculty  
of  
The University of Pennsylvania  
(For the degree of M.D.)  
By  
Albert R. Ober  
of  
Coshew: Maryland.  
January 21.  
1829.

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Notwithstanding our acquaintance with this disease  
has within a few years been considerably extended,  
yet we must unquestionably be led to acknowledge  
that it is exceedingly difficult to assign a correct  
definition for the term diabetes. Prof Cullen it is  
asserted that this disease consists merely in the voiding  
of an unusually large quantity of urine, whilst by  
others it is maintained apparently with equal  
plausibility that the urine itself undergoes considerable  
change. There is in my opinion no question of the  
propriety of including both views of the subject  
in the strict definition of the term. It is believed  
by Cullen that this disease is sometimes connected  
with catarrhus affections of the kidneys, and that  
an irritation applied to them may increase the  
secretion of urine, but finally concludes that the  
singular change produced in the urine is not so  
easily explained. If we be permitted to argue from  
analogy, I think fewer obstacles will remain in



unfolding this mystery than we at first sight  
 should be inclined to imagine. In attempting  
 an investigation of this subject I would in the  
 first place enquire how it is with regard to  
 the organs of the human system when they  
 become disordered by the application of morbid  
 & noxious matter to them; whether they do  
 not assume a secretory action entirely different  
 from the natural one? If the idea advanced be  
 considered as tenable we cannot but infer that  
 the kidneys are governed by laws equally as  
 obligatory as those by which other organs are  
 influenced; & must it be allowed that they  
 can become deranged and still retain the power  
 of effecting an unnatural secretion which would  
 be claiming a ground that we are by no means  
 entitled to. Stronger arguments in support of  
 Calculous affections being connected with, and  
 interested in affecting this disease are afforded



in the well-known fact that after having  
dissolved the calculi by the administration  
 of suitable medicines and having prevented  
 the predisposition to the deposition of urinary  
 calculi by the use of a proper diet, the disease  
 with its very many instances ceases. It is belie-  
 ved by some authors who have written upon this  
 affection that the liver is somewhat concerned  
 in the formation of it in consequence of this bile  
 being abstracted from its natural appearance; on  
 the other hand this reasoning will not appear  
 conclusive when we reflect that diabetes has  
 prevailed without the liver having experienced  
 any change whatever, a truth which has been  
 incontrovertibly established. We may therefore be  
 satisfied that the notion of bile being effec-  
 tual in producing diabetes is altogether  
 nugatory, hypothetical and in no way sat-  
 isfying. The divisions of this disease must





by Wilson is into Diabetes insipidus and mellitus. Concurring in the opinion expressed by some Authors that it should in its most proper sense be confined to the latter species I shall therefore limit my remarks to the consideration of it alone. Of this disease the Ancients have furnished us no record in their writings which would lead us to believe they possessed any very distinct or correct notions of its pathology, causes or manners of treatment. It was not until the year 1684 that we obtained any regular account of it. At this period the celebrated Willis appeared and dissipated the cloud which had previously obscured it. By Cullen the idea was entertained that the proximate cause depended on some fault in the assimilatory powers, but from this I should beg leave to differ and contend that the remote cause rather depended

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is a more like and entire proportion with  
 self preservation, is consistent in its action  
 and even in mind. I think there exist many  
 instances and however mind functions are  
 as well as in the same proportion to the  
 in nature as a person in nature. I think the  
 one is the same for all and the greatest pro-  
 portions of the same are in nature. The  
 proportion of mind in proportion to the  
 that is in nature as we should then say, as we  
 like to say from nature and then in order to  
 keep the same in a similar life. It is a  
 and a living soul as we would in a similar mind  
 and, perhaps, in a more or less variety of  
 then except and even in the same of the same  
 nature, and a person in nature, perhaps, perhaps  
 and of the same species in nature as a person  
 appears to have attended to the greatest of the  
 attention. The second is the same to nature



has been most strenuously recommended by Robt. the  
 evidence it to be an almost infallible remedy. The remedy  
 begins with small doses as 2 or 3 grs gradually augmenting it  
 to three or four times a day. Owen thought he has derived con-  
 siderable benefit from the use of <sup>pure</sup> wine when a generous  
 stimulation is a remarkably common accompaniment to the  
 disease, and as it is advisable to allay this, the antispasmodics  
 are generally resorted to. The most effectual article of that  
 class is unquestionably, opium. At this period the skin is  
 usually dry and hard and for the purpose of producing  
 moisture and relaxing the surface, nothing more suitable  
 can be adopted than the employment of the warm bath  
 together with frictions. The various discharges are also  
 proper and the article most generally preferred is that  
 of Owen powder. Notwithstanding we may have degen-  
 erated and shattered constitutions to deal with, we should  
 not lose sight of the immense advantage, which in  
 all hands is allowed to accrue from the abstraction  
 of blood. It was employed in the beginning of the last



entury. Bloodletting should not be sparingly used according to some authors. If much local pain should be present, topical bleeding by cups and leeches may be beneficially employed, after which a blister may be applied over the lumbar region and continued for a considerable length of time. Little will all our remedies effect unless the strictest attention be paid to a proper regimen. My Preceptor informed me he had accomplished perfect cures in several members of the same family by confining the patients to the use of an animal diet and not allowing them even a particle of vegetable food. The propriety of this course was suggested to him as reading the experiments of A. Wilson Phillips, an account of which is affixed in his invaluable treatise on febrile diseases. As consequences of frequent relapses in this complaint we should particularly injure our patients to be extremely careful to avoid all those things, which are regarded as exciting causes. —

